Emergen-C Energy + Gummies Orange Zest Dietary Supplement

This is the most current labeling information and may differ from labels on product packaging. If there are any differences between this website labeling and product packaging labeling, this website labeling should be regarded as the most current.

Directions: Adults, take two (2) to four (4) gummies per day. Can take four (4) gummies at one time. Do not exceed suggested use. Not formulated for use in children.

Supplement Facts				
Serving Size	2 Gummies Per 2 Gummies		4 Gummies Per 4 Gummies	
	Calories	30	_	60
Total Carbohydrate	8 g	3% [†]	16 g	6% [†]
Total Sugars	6 g	*	12 g	*
Includes Added Sugars	6 g	12% [†]	12 g	24% [†]
Vitamin C (as ascorbic acid)	250 mg	278%	500 mg	556%
Vitamin B ₆ (as pyridoxine hydrochloride)	1.5 mg	88%	3 mg	176%
Vitamin B ₁₂ (as cyanocobalamin)	4 mcg	167%	8 mcg	333%
Biotin	36 mcg	120%	72 mcg	240%
Zinc (as zinc sulfate)	1.5 mg	14%	3 mg	27%
Manganese (as manganese gluconate)	0.38 mg	17%	0.76 mg	33%
Sodium	25 mg	1%	50 mg	2%
Caffeine (from green tea leaf)	50 mg	*	100 mg	*

Other Ingredients: Sugar, Glucose Syrup, Water. **Contains <2% of**: Annatto Seed Extract (color), Citric Acid, Natural Flavors, Pectin, Sodium Citrate.

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

Keep out of reach of children.

Store at room temperature. Keep bottle tightly closed. Protect from moisture. Due to use of plant-based colors, gummy appearance may darken over time. This does not alter the product potency.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Distributed by: Alacer Corp. Carlisle, PA 17013

Consumer Line: 1.888.425.2362