

Centrum MultiGummies Multi + Antioxidants

Multivitamin/Multimineral Supplement

This is the most current labeling information and may differ from labels on product packaging. If there are any differences between this website labeling and product packaging labeling, this website labeling should be regarded as the most current.

SUGGESTED USE: Adults: Take two (2) gummies daily. Do not exceed suggested use.
Not formulated for use in children.

Supplement Facts

Serving Size 2 Gummies

Servings Per Container (*net quantity divided by 2*)

Amount Per Serving	% Daily Value
Calories 15	
Total Carbohydrate 4 g	1% [†]
Total Sugars 2 g	
Includes 2 g Added Sugars	4% [†]
Vitamin A 600 mcg (100% as Beta-Carotene)	67%
Vitamin C 75 mg	83%
Vitamin D ₃ 25 mcg (1,000 IU)	125%
Vitamin E 18 mg	120%
Vitamin B ₆ 1 mg	59%
Folate 167 mcg DFE (100 mcg Folic Acid)	42%
Vitamin B ₁₂ 15 mcg	625%
Biotin 30 mcg	100%
Pantothenic Acid 2 mg	40%
Iodine 80 mcg	53%
Zinc 2.5 mg	23%
Selenium 11 mcg	20%
Manganese 0.46 mg	20%

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Fruit Powder Blend (Apple, Acai, Blueberry & Pomegranate) 30 mg *

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† Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Ingredients: Glucose Syrup, Sugar, Gelatin, Water, Ascorbic Acid (Vit. C).

Contains <2% of: Beta-Carotene, Biotin, Calcium Pantothenate, Carnauba Wax, Cholecalciferol (Vit. D₃), Citric Acid, Cyanocobalamin (Vit. B₁₂), DL-alpha Tocopheryl Acetate (Vit. E), Folic Acid, Fruit and Vegetable Juice Concentrates (Purple Carrot, Cranberry, Black Raspberry) (color and/or flavor), Fruit Powder Blend (Apple, Acai, Blueberry & Pomegranate), Invert Sugar, Lactic Acid, Malic Acid, Manganese Sulfate, Mannitol, Medium-Chain Triglycerides, Natural Flavors, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Sodium Lactate, Sodium Selenate, Zinc Sulfate.

Keep out of reach of children.

Do not take this product with other products containing folic acid.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

Store at room temperature. Keep bottle tightly closed. Due to use of plant-based colors, gummy appearance may darken over time. This does not alter the product potency.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA

Questions? Comments? Call 1-877-CENTRUM (236-8786)