

**DALACIN C™ Capsules 150 mg**  
(Clindamycin hydrochloride)  
**DALACIN C™ Sterile Solution 150 mg/mL**  
(Clindamycin phosphate)

**1. NAME OF THE MEDICINAL PRODUCT**

DALACIN C™ Capsules 150 mg  
DALACIN C™ Sterile Solution 150 mg/mL

**2. QUALITATIVE AND QUANTITATIVE COMPOSITION**

DALACIN C™ Capsules 150 mg  
Each capsule contains: Clindamycin (as clindamycin hydrochloride) 150 mg

DALACIN C™ Sterile Solution 150 mg/mL  
Each mL contains: Clindamycin (as clindamycin phosphate) 150 mg

**3. PHARMACEUTICAL FORM**

DALACIN C™ Capsules 150 mg  
Hard Capsules

DALACIN C™ Sterile Solution 150 mg/mL  
INTRAVENOUS OR INTRAMUSCULAR ADMINISTRATION - Solution for Injection:  
Package of 1 ampoule at a dose of 2 mL.

**4. CLINICAL PARTICULARS**

**4.1 Therapeutic indications**

Clindamycin is indicated in the treatment of serious infections, when caused by clindamycin susceptible strains of gram-positive aerobes such as streptococci, pneumococci and staphylococci, or by susceptible anaerobic bacteria (see section 5.1).

1. Upper respiratory tract infections: chronic sinusitis caused by anaerobic strains. Clindamycin can be used for selected cases of chronic suppurative otitis media or as adjunctive therapy along with an antibiotic active against aerobic gram-negative organisms. Infections caused by *H. influenzae* are not an indication (see section 5.1). Clindamycin can also be used in cases of recurrent pharyngotonsillitis.
2. Lower respiratory tract infections including infectious exacerbation of chronic bronchitis and pneumonia.
3. Serious skin and soft tissue infections caused by susceptible organisms.
4. Bone and joint infections including osteomyelitis and septic arthritis.
5. Serious gynaecological infections of the pelvis including pelvic inflammatory disease (PID). Clindamycin can also be used in a single therapy in cases of

cervicitis due to *Chlamydia trachomatis*.

6. Intra-abdominal infections including peritonitis and abdominal abscess.
7. Septicaemia and endocarditis.  
Selected cases of septicaemia and/or endocarditis due to susceptible organisms have responded well to clindamycin. However, bactericidal drugs are often preferred for these infections.
8. Dental infections including periodontal abscess and periodontitis.
9. Toxoplasmic encephalitis in patient with AIDS. In patients who cannot tolerate the usual treatment, clindamycin may be used in combination with pyrimethamine.
10. *Pneumocystis jirovecii* pneumonia in patients with AIDS. In patients who cannot tolerate the usual treatment, clindamycin may be used in combination with primaquine.
11. Malaria, including multi-resistant *Plasmodium falciparum*, in combination with quinine.

Like other antibiotics information regarding the prevention of local resistance as well as the official recommendations regarding prescription of antibiotics must be reviewed before prescribing clindamycin.

## **4.2 Posology and method of administration**

### **Posology**

The posology and the mode of administration should be determined by the seriousness of the infection, the patient's condition and the sensitivity of the disease causing germ.

It is recommended to swallow the capsules with a glass of water in order to avoid irritation of the oesophagus.

Clindamycin phosphate IM administration should be used undiluted.

Clindamycin phosphate IV administration should be diluted (see "dilution for IV use and IV infusion rate below").

### ADULTS

#### Clindamycin phosphate solution for injection (IM or IV administration)

The usual daily dose of clindamycin phosphate is 2,400-2,700 mg in 2, 3, or 4 equal doses for intra-abdominal infections, pelvic infections in women and other serious infections, usually combined with a suitable gram negative aerobic antibiotic.

Less complicated infections due to more sensitive germs may respond to lower doses of 1,200-1,800 mg/day, divided in 3 or 4 equal administrations.

Adults were successfully treated with doses up to 4,800 mg daily.

Intramuscular administration of more than 600 mg in one administration is not recommended.

Treatment of Pelvic Inflammatory Disease:

Clindamycin phosphate IV 900 mg every 8 hours, associated to a suitable gram negative spectrum antibiotic (e.g. gentamicin 2 mg/kg, followed by 1.5 mg/kg every 8 hours) in patients with a normal renal function. This treatment should be administered for at least 4 days. From the moment clinical improvement occurs, the treatment should be continued for another 2 days. Then 1,800 mg of clindamycin hydrochloride per day should be administered orally, divided over several administrations, up to a total treatment duration of 10 to 14 days.

#### Clindamycin hydrochloride capsules (oral administration)

The usual daily dose is 600-1800 mg divided in 3 or 4 administrations.

In the exceptional case of a treatment for recurrent  $\beta$ -haemolytic streptococcal infection: 300 mg, twice daily for at least 10 days.

Cervicitis due to *Chlamydia trachomatis*: 1800 mg/day, divided over several administrations for 10-14 days.

### PAEDIATRIC POPULATION

Clindamycin phosphate (IM or IV administration) in children older than 1 month:  
20-40 mg/kg/day in 3 or 4 equal administrations.

Clindamycin hydrochloride capsules (for children who are able to swallow capsules) in children older than 1 month  
8-25 mg/kg/day in 3 or 4 equal administrations.

Clindamycin capsules are not suitable for children who are unable to swallow them. The capsules do not provide exact mg/kg doses.

### POSOLOGY IN CASES OF RENAL AND/OR LIVER FUNCTION IMPAIRMENT

Dose adjustment is not necessary in patients with an impaired renal function. Haemodialysis and peritoneal dialysis are not effective to remove clindamycin from the blood.

In patients with moderately to seriously reduced liver function, a prolonged half-life of clindamycin was seen. Accumulation is rare if clindamycin is administered every 8 hours. A dose reduction is, therefore, not considered necessary.

### **Dosage in specific indications**

#### TOXOPLASMIC ENCEPHALITIS IN PATIENTS WITH AIDS

Clindamycin phosphate IV or clindamycin hydrochloride capsules in a dose of 600-1200 mg every 6 hours for 2 weeks, followed by oral administration of 300-600 mg every 6 hours. The total treatment usually lasts 8 to 10 weeks. Oral administration of 25 mg to 75 mg of pyrimethamine per day for 8 to 10 weeks is necessary. With higher doses of pyrimethamine one should administer 10 to 20 mg of folic acid per day.

#### PNEUMOCYSTIS JIROVECI PNEUMONIA IN PATIENTS WITH AIDS

Clindamycin phosphate IV infusion in a dose of 600 to 900 mg every 6 hours or Clindamycin phosphate IV infusion in a dose of 900 mg every 8 hours or clindamycin hydrochloride capsules in a dose of 300 to 450 mg every 6 hours for 21 days, combined with 15 to 30 mg of oral primaquine per day for 21 days.

### MALARIA

Uncomplicated Malaria/*P. falciparum*:

*Adults*:

Quinine sulfate: 650 mg orally three times daily for 3 or 7 days plus clindamycin: 20 mg/kg/day orally divided three times daily for 7 days.

*Paediatric population*:

Quinine sulfate: 10 mg/kg orally three times daily for 3 or 7 days plus clindamycin: 20 mg base/kg/day orally divided three times daily for 7 days.

Severe Malaria:

*Adults*:

Quinidine gluconate: 10 mg/kg loading dose IV over 1-2 hours, then 0.02 mg/kg/min continuous infusion for at least 24 hours (for alternative dosing regimen please refer to quinidine label). Once parasite density <1% and patient can take oral medication, complete treatment with oral quinine, dose as above, plus clindamycin: 20 mg base/kg/day orally divided three times daily for 7 days.

If patient is not able to take oral medication, give 10 mg base/kg clindamycin loading dose IV followed by 5 mg base/kg IV every 8 hours. Avoid rapid IV administration. Switch to oral clindamycin (oral dose as above) as soon as patient can take oral medication. Treatment course = 7 days.

*Paediatric population*:

Quinidine gluconate: Same mg/kg dosing and recommendations as for adults plus clindamycin: 20 mg base/kg/day orally divided three times daily for 7 days. If patient is not able to take oral medication, give 10 mg base/kg clindamycin loading dose IV followed by 5 mg base/kg IV every 8 hours. Avoid rapid IV administration. Switch to oral clindamycin (oral dose as above) as soon as patient can take oral medication. Treatment course = 7 days.

### **Method of administration**

#### DILUTION FOR IV USE AND IV INFUSION RATES

The concentration of clindamycin in the dilution medium should not be more than 18 mg/mL and the INFUSION RATE SHOULD NOT BE MORE THAN 30 mg/min (see section 4.8). The normal infusion rates are as follows:

Dose	Dilution agent	Time
300 mg	50 mL	10 min
600 mg	50 mL	20 min
900 mg	100 mL	30 min
1200 mg	100 mL	40 min

Intravenous infusions of more than 1200 mg per hour are not recommended.

### 4.3 Contraindications

- Hypersensitivity to the active substance, to lincomycin, to any component of the formulation, or to any excipient in section 6.1.
- In case of infectious meningitis (see section 4.4).

### 4.4 Special warnings and precautions for use

- Severe hypersensitivity reactions, including severe skin reactions such as drug reaction with eosinophilia and systemic symptoms (DRESS), Stevens-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN) and acute generalized exanthematous pustulosis (AGEP) have been reported in patients receiving clindamycin therapy. If a hypersensitivity or severe skin reaction occurs, clindamycin should be discontinued and appropriate therapy should be initiated (see sections 4.3 and 4.8).
- The clindamycin phosphate injectable formulation contains benzyl alcohol. Benzyl alcohol may cause anaphylactoid reactions. Intravenous administration of the preservative benzyl alcohol has been associated with serious adverse events and death in paediatric patients including neonates characterized by central nervous system depression, metabolic acidosis, gasping respirations, cardiovascular failure and haematological anomalies (“gasping syndrome”). Although normal therapeutic doses of this product ordinarily deliver amounts of benzyl alcohol that are substantially lower than those reported in association with the “gasping syndrome”, the minimum amount of benzyl alcohol at which toxicity may occur is not known. Use only if it is necessary and if there are no alternatives possible. If given in high volumes, should be used with caution and preferably for short term treatment in subjects with liver or kidney impairment because of the risk of accumulation and toxicity (metabolic acidosis). Premature and low birth weight infants may be more likely to develop toxicity. Benzyl alcohol containing products should not be used in pre-term or full-term neonates unless strictly necessary.
- Treatment with antibacterial agents alters the normal flora of the colon leading to overgrowth of *Clostridium difficile*. This has been reported with use of nearly all antibacterial agents, including clindamycin, and may range in severity from mild diarrhoea to fatal colitis. *C. difficile* produces toxins A and B which contribute to the development of *Clostridium difficile* associated diarrhoea (CDAD) and is a primary cause of “antibiotic-associated colitis”. Hypertoxin producing strains of *C. difficile* cause increased morbidity and mortality, as these infections can be refractory to antimicrobial therapy and may require colectomy. This form of colitis is characterized by mild, watery diarrhoea that may develop to serious, chronic diarrhoea, leukocytosis, fever, serious abdominal cramps that may be accompanied by loss of blood and mucus. Without further treatment peritonitis, shock and toxic megacolon may develop. Antibiotic induced colitis can occur with clindamycin up to 2 to 3 weeks after discontinuation of the treatment. Careful medical history is necessary since CDAD has been reported to occur over two months after the administration of antibacterial agents.

- It is important to consider the diagnosis of CDAD in patients who present with diarrhoea during or after the administration of antibacterial agents. This may progress to colitis, including pseudomembranous colitis (see section 4.8), which may range from mild to fatal colitis. If antibiotic-associated diarrhoea or antibiotic-associated colitis is suspected or confirmed, ongoing treatment with antibacterial agents, including clindamycin, should be discontinued and adequate therapeutic measures should be initiated immediately. In moderate-to-severe cases, consideration should be given to management with fluids and electrolytes, protein supplementation, and treatment with an antibacterial drug clinically effective against *Clostridium difficile* colitis. Drugs inhibiting peristalsis are contraindicated in this situation. The diagnosis of an antibiotic induced colitis is usually made based on clinical symptoms. The diagnosis can be confirmed by endoscopic demonstration of pseudomembranous colitis or by demonstrating the presence of *Clostridium difficile* and toxins in the faeces.
- Medicinal products which discontinue intestinal motility must be avoided.
- Clindamycin should be prescribed with caution to individuals with a history of gastro-intestinal conditions, particularly colitis. Antibiotic induced colitis and diarrhoea occur more frequently and in more serious forms in debilitated and/or older patients.
- Since clindamycin does not diffuse adequately in the cerebrospinal fluid, this drug should not be used to treat meningitis (see section 4.3).
- Antagonism between clindamycin and erythromycin was demonstrated *in vitro*. Because of the possible clinical significance, both drugs should not be used simultaneously (see section 4.5).
- If therapy is prolonged, liver and kidney functions tests should be performed.
- The use of clindamycin phosphate can result in an overgrowth of non-susceptible organisms, particularly yeasts.
- **Clindamycin phosphate should not be injected intravenously undiluted as a bolus, but should be infused over at least 10-60 minutes (see section 4.2).**
- Clindamycin appears to have neuromuscular blocking properties that can enhance the effects of other neuromuscular blocking drugs. In patients that are treated with these drugs, clindamycin should, therefore, be used with caution (see section 4.5).
- In patients with hypersensitivity, clindamycin phosphate should be administered with caution.
- In patients with serious renal and/or serious liver disorders associated to serious metabolic conditions, clindamycin should be administered cautiously. The serum levels of clindamycin should be monitored if high doses are required (see section 4.2).
- The hard capsules contain lactose and patients with rare hereditary problems of

galactose intolerance, the Lapp-lactase deficiency or glucose-galactose malabsorption should not take this medicine.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

An antagonism was demonstrated between clindamycin, erythromycin and chemically related macrolides.

Clindamycin administered by injection has been shown to have neuromuscular blocking properties that may enhance the action of other neuromuscular blocking agents. Therefore, clindamycin must be used cautiously in patient taking medication such as vecuronium, rocuronium, gentamicin, rapacuronium (with magnesium) or pancuronium. Synergistic effects of other antibiotics together with clindamycin on neuromuscular blocking agents have been described. Careful attention is therefore needed when using antibiotics together with muscle relaxants, because the synergy effect triggered by the combination could cause deeper muscle relaxation and delay recovery.

Clindamycin is metabolized predominantly by CYP3A4, and to a lesser extent by CYP3A5, to the major metabolite clindamycin sulfoxide and minor metabolite N-desmethylclindamycin. Therefore inhibitors of CYP3A4 and CYP3A5 (such as ritonavir, lopinavir, indinavir, cobicistat, ketoconazole, itraconazole, voriconazole, posaconazole, clarithromycin, telithromycin, grapefruit juice, nefazodone) may reduce clindamycin clearance and inducers of these isoenzymes may increase clindamycin clearance. In the presence of strong CYP3A4 inducers such as rifampicin, monitor for loss of effectiveness.

*In vitro* studies indicate that clindamycin does not inhibit CYP1A2, CYP2C9, CYP2C19, CYP2E1 or CYP2D6 and only moderately inhibits CYP3A4. Therefore, clinically important interactions between clindamycin and co-administered drugs metabolized by these CYP enzymes are unlikely.

#### **Vitamin K antagonists**

Increased coagulation tests (PT/INR) and/or bleeding, have been reported in patients treated with clindamycin in combination with a vitamin K antagonist (e.g. warfarin, acenocoumarol and fluindione). Coagulation tests, therefore, should be frequently monitored in patients treated with vitamin K antagonists.

#### **4.6 Fertility, pregnancy and lactation**

##### **Pregnancy**

There are limited data on the use of clindamycin in pregnant women during the first trimester of pregnancy. Clindamycin crosses the placenta. In clinical trials, the use of DALACIN C in pregnant women and the systemic administration of clindamycin during the second and third trimesters, have not been associated with an increased incidence of congenital abnormalities. Animal studies did not reveal any direct or indirect deleterious effects on reproduction (see section 5.3).

The following statement only applies to the injection formulation: Benzyl alcohol can cross the placenta (see section 4.4).

As a precautionary measure, it is preferable to avoid the use of DALACIN C during the first trimester of pregnancy. The use of DALACIN C during the second and third trimester of pregnancy may be considered after establishing the proper diagnosis by the doctor.

**Breast-feeding**

Orally and parenterally administered clindamycin has been reported to appear in human breast milk in ranges from 0.7 to 3.8 µg/mL. Because of the possibility for serious adverse reactions in nursing infants, clindamycin should not be used by nursing mothers (see section 4.4).

**Fertility**

Fertility studies in rats treated orally with clindamycin revealed no effects on fertility or mating ability (see section 5.3). No data are available on man fertility.

**4.7 Effects on the ability to drive and use machines**

Clindamycin has no or negligible influence on the ability to drive and use machines.

**4.8 Undesirable effects**

The table below lists the adverse reactions identified through clinical trial experience and post-marketing surveillance by system organ class and frequency. Adverse reactions identified from post-marketing experience are included in italics. The frequency grouping is defined using the following convention: Very common (≥1/10), Common (≥1/100, <1/10), Uncommon (≥1/1000, <1/100), Rare (≥1/10000, <1/1000), Very rare (<1/10000) and Not known (cannot be estimated from the available data). Within each frequency grouping, undesirable effects are presented in order of decreasing seriousness.

**Adverse Reactions Table**

<b>System Organ Class</b>	<b>Common ≥1/100 to &lt;1/10</b>	<b>Uncommon ≥1/1000 to &lt;1/100</b>	<b>Rare ≥1/10000 to &lt;1/1000</b>	<b>Very Rare &lt;1/10000</b>	<b>Frequency Not Known (cannot be estimated from available data)</b>
<b>Infections and infestations</b>	Pseudomembranous colitis (see section 4.4), <i>Clostridium difficile</i> colitis				Vaginal infection
<b>Blood and lymphatic system disorders</b>	Eosinophilia <sup>1,2</sup>				Agranulocytosis, Neutropenia, Thrombocytopenia, Leukopenia



System Organ Class	Common ≥1/100 to <1/10	Uncommon ≥1/1000 to <1/100	Rare ≥1/10000 to <1/1000	Very Rare <1/10000	Frequency Not Known (cannot be estimated from available data)
<b>Immune system disorders</b>				Anaphylactic shock <sup>†</sup>	Anaphylactoid reaction, Anaphylactic reaction, Hypersensitivity
<b>Nervous system disorders</b>		Dysgeusia <sup>1,3</sup>			
<b>Cardiac disorders<sup>†</sup></b>		Cardio-respiratory arrest <sup>†§</sup>			
<b>Vascular disorders<sup>†</sup></b>	Thrombophlebitis <sup>†‡</sup>	Hypotension <sup>†§</sup>			
<b>Gastrointestinal disorders</b>	Diarrhoea <sup>5</sup> , Abdominal pain <sup>2,4</sup>	Vomiting <sup>2</sup> , Nausea <sup>3</sup>		Colitis	Oesophageal ulcer*, Oesophagitis*
<b>Hepatobiliary disorders</b>	Liver function test abnormal				Jaundice
<b>Skin and subcutaneous tissue disorders</b>	Rash maculopapular <sup>6</sup>	Urticaria <sup>3</sup> , Erythema multiforme <sup>1,3</sup> , Pruritus <sup>1,3</sup>			Toxic epidermal necrolysis (TEN), Steven Johnson syndrome (SJS), Drug reaction with eosinophilia and systemic symptom (DRESS), Acute Generalised Exanthematous Pustulosis (AGEP), Angioedema, Dermatitis exfoliative, Dermatitis bullous, Rash morbilliform
<b>General disorders and administration site conditions<sup>†</sup></b>		Pain <sup>†‡</sup> , Injection site abscess <sup>†‡</sup>			Injection site irritation <sup>†‡</sup>

<sup>1</sup> Frequency for hard capsules: not known.

<sup>2</sup> Frequency for solution for injection: not known.

<sup>3</sup> Frequency for granules for oral suspension: not known.

<sup>4</sup> Frequency for granules for oral suspension: uncommon.

<sup>5</sup> Frequency for solution for injection: uncommon.

<sup>6</sup> Frequency for hard capsules: uncommon.

<sup>†</sup> Only applicable for solution for injection.

<sup>\*</sup> Only applicable for oral formulations.

<sup>§</sup> Rare instances have been reported following too rapid intravenous administration (see section 4.2).

<sup>‡</sup> These reactions can be reduced to a minimum by deep administration of IM injections and by avoiding prolonged catheterisation in the same vein.

- If diarrhoea occurs during treatment, the therapy should be discontinued.
- In cases of serious anaphylactoid reactions, immediate measures should be taken with the administration of epinephrine (adrenaline), oxygen and intravenous steroids. Mechanical ventilation, possibly with intubation, should also be applied if necessary.
- The use of clindamycin phosphate can cause overgrowth of insensitive germs, particularly yeasts.

## 4.9 Overdose

The toxicity of clindamycin is not linked to the dose. An overdose does not cause specific symptoms. Haemodialysis and peritoneal dialysis are not effective to remove clindamycin from the serum.

## 5. PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: antibacterials for systemic administration - lincosamides  
ATC code: J01F F 01

The active substance is clindamycin, a semi-synthetic antibiotic obtained by 7-(S)-chloro-substitution of the 7-(R)-hydroxyl group of lincomycin.

#### Mechanism of action

Clindamycin binds to the 50S subunit of the bacterial ribosome and inhibits protein synthesis. Clindamycin can be either bactericidal or bacteriostatic, depending on the sensitivity of the organisms and the concentration of the antibiotic.

#### Mechanisms of resistance

Cross resistance between clindamycin and lincomycin is complete. Resistance in staphylococci and streptococci is most often due to methylation of specific nucleotides in the 23S RNA of the 50S ribosomal subunit, which can determine cross resistance to macrolides and streptogramins B (MLS<sub>B</sub> phenotype). Macrolide-resistant isolates of these organisms should be tested for inducible resistance to lincomycin/clindamycin using the D-zone test.

Methicillin-sensitive *Staphylococcus aureus* strains are generally sensitive to clindamycin. Clindamycin has a significant activity against many strains of methicillin-resistant staphylococci (MRSA). However, the occurrence of a significant number of clindamycin-resistant MRSA-strains excludes the use of clindamycin for infections due to these organisms without sensitivity tests. *In vitro* some erythromycin-resistant strains of staphylococci rather rapidly develop resistance against clindamycin.

The following germs are usually resistant:

- Aerobic Gram negative bacilli
- *Enterococcus faecalis*
- *Nocardia* species
- *Neisseria meningitidis*
- Strains of *Haemophilus influenzae* (in places where resistance to antibiotics is frequent).

### Breakpoints

EUCAST Breakpoints for Clindamycin (from 2014)

Pathogen	Susceptible	Resistant
<i>Staphylococcus</i> spp.	≤0.25 mg/L	>0.5 mg/L
<i>Streptococcus</i> groups A, B, C, G	≤0.5 mg/L	>0.5 mg/L
<i>Streptococcus pneumoniae</i>	≤0.5 mg/L	>0.5 mg/L
Gram-positive anaerobes (excluding <i>Clostridium difficile</i> )	≤4 mg/L	>4 mg/L
Gram-negative anaerobes	≤4 mg/L	>4 mg/L

### Prevalence of acquired resistance

The prevalence of acquired resistance may vary geographically and with time for selected species and local information on resistance is desirable, particularly when treating severe infections. As necessary, expert advice should be sought when the local prevalence of resistance is such that the utility of the agent on at least some types of infections is questionable. Particularly in severe infections or therapy failure microbiological diagnosis with verification of the pathogen and its susceptibility to lincomycin/clindamycin is recommended.

The following data is available for clindamycin based on European surveillance studies available in 2013.

Commonly susceptible organisms	Remarks
<b>Aerobic gram-positive microorganisms</b>	
<i>Actinomyces israelii</i> <sup>a</sup>	
<i>Staphylococcus aureus</i> (methicillin-susceptible)	
<i>Streptococcus agalactiae</i>	
Viridans group streptococci	
<b>Anaerobic microorganisms</b>	
<i>Bacteroides</i> spp. <sup>a</sup> (excluding <i>B. fragilis</i> )	
<i>Fusobacterium</i> spp. <sup>a</sup>	
<i>Peptococcus</i> spp. <sup>a</sup>	
<i>Prevotella</i> spp.	
<i>Veillonella</i> spp. <sup>a</sup>	
<b>Other microorganisms</b>	
<i>Chlamydia trachomatis</i> <sup>a</sup>	
<i>Chlamydophila pneumoniae</i> <sup>a</sup>	
<i>Gardnerella vaginalis</i> <sup>a</sup>	
<i>Mycoplasma hominis</i> <sup>a</sup>	

Organisms for which acquired resistance	Remarks
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<b>may be a problem</b>	
<b>Aerobic gram-positive microorganisms</b>	
<i>Staphylococcus aureus</i> (methicillin-resistant) <sup>b</sup>	
<i>Staphylococcus epidermidis</i> <sup>b</sup>	
<i>Staphylococcus haemolyticus</i>	
<i>Staphylococcus hominis</i>	
<i>Streptococcus pneumoniae</i>	Resistance rates between >20 and 49% in some European countries
<b>Aerobic gram-negative microorganisms</b>	
<i>Moraxella catarrhalis</i> <sup>c</sup>	
<b>Anaerobic microorganisms</b>	
<i>Bacteroides fragilis</i>	
<i>Clostridium perfringens</i>	Higher resistance rates in Spain (10-20%)
<i>Peptostreptococcus</i> spp.	Higher resistance rates in Spain (10-20%)
<i>Propionibacterium</i> spp.	

<b>Inherently resistant organisms</b>	
<b>Aerobic gram-positive microorganisms</b>	
<i>Enterococcus</i> spp.	
<i>Listeria monocytogenes</i>	
<b>Aerobic gram-negative microorganisms</b>	
<i>Escherichia coli</i>	
<i>Klebsiella</i> spp.	
<i>Neisseria gonorrhoeae</i>	
<i>Pseudomonas aeruginosa</i>	
<b>Anaerobic microorganisms</b>	
<i>Clostridium difficile</i>	
<b>Other microorganisms</b>	
<i>Mycoplasma pneumoniae</i>	
<i>Ureaplasma urealyticum</i>	

<sup>a</sup> Updated information not available.

<sup>b</sup> At least one European region has reported resistance rates higher than 50%.

<sup>c</sup> Most isolates have inherently intermediate resistance.

Antagonism was demonstrated between clindamycin and erythromycin and chemically related macrolides. Clindamycin does not demonstrate any antagonism with penicillins.

Although clindamycin hydrochloride is active both *in vivo* and *in vitro*, clindamycin phosphate is not active *in vitro*. However, both compounds are *in vivo* rapidly hydrolyzed to the active base.

## 5.2 Pharmacokinetic properties

### Absorption

After oral administration clindamycin is rapidly and nearly completely (90%) absorbed. The following table gives the mean plasma levels after oral administration of 150 mg in adults.

Way of administration and posology	Time/plasma levels in µg/mL				
	45 min	1 hr.	2 hr.	3 hr.	6 hr.
Oral, 150 mg HCl	2.5	2.48	1.88	1.51	0.7

The serum peak level of clindamycin palmitate is obtained at the same time as for the hydrochloride. In children clindamycin palmitate was administered in doses of 2, 3, and 4 mg/kg body weight every 6 hours. 1 hour after the first administration serum levels of 1.2, 2.2 and 2.4 µg/mL respectively were obtained. At the fifth administration a steady state was obtained. Using the above dose regimens serum peak levels of 2.5, 3.0 and 3.8 µg/mL respectively are expected. The oral resorption is quantitatively not significantly affected by the simultaneous intake of food. The resorption can, however, be somewhat slowed down.

1 to 3 hours following intramuscular injection of 600 mg of clindamycin phosphate, serum peak levels of clindamycin of 9 µg/mL were observed. Following intravenous infusion of 300 mg in 10 min., and 600 mg in 20 min. respectively serum peak levels of 7 µg/mL and 10 µg/mL respectively are reached at the end of the infusion.

Table 1 gives the mean serum levels after the administration of clindamycin phosphate. Clindamycin serum levels can be maintained above the *in vitro* MIC's for most sensitive organisms by administering clindamycin phosphate every 8 to 12 hours in adults or every 6 to 8 hours in children by continuous IV infusion. Steady state levels are reached after the third dose.

Table 1

Dose	Clindamycin µg/mL	Clindamycin phosphate µg/mL
<u>Adults (after the steady state)</u>		
300 mg I.V. in 10 min. every 8 u.	7	15
600 mg I.V. in 20 min. every 8 u.	10	23
600 mg I.V. in 30 min. every 6 u.	10.9	
600 mg I.V. in 30 min. every 8 u.	10.8	
900 mg I.V. in 30 min. every 8 u.	14.1	
900 mg I.V. in 30 min. every 12 u.	11	29
1200 mg I.V. in 45 min. every 12 u.	14	49
300 mg I.M. every 8 u.	6	3
600 mg I.M. every 12 u.	9	3
Dose	Clindamycin µg/mL	
<u>Children (first dose)<sup>(1)</sup></u>		
5-7 mg/kg I.V. in 1 hour	10	
3-6 mg/kg I.M.	4	
5-7 mg/kg I.M.	8	

<sup>(1)</sup> Patients in this group were treated for existing infections.

### Distribution

The protein binding is between 40% and 90% of the administered dose. No accumulation could be demonstrated with oral administration.

Clindamycin easily penetrates in most body fluids and tissues. In bone tissue a level of approx.40% (20-75%) of the serum level is reached, in the mother's milk 50-100%, in synovial fluid 50%, in the sputum 30-75%, in the peritoneal fluid 50%, in foetal blood 40%, in pus 30%, in pleural fluid 50-90%. Clindamycin does not penetrate

however in the cerebrospinal fluid, not even in the event of meningitis.

### **Biotransformation**

Clindamycin has a half-life of approx.1.5 - 3.5 hours. This is somewhat longer in patients with a significantly reduced function of the liver or of the kidneys. The dose regimen should however not be adjusted in cases of moderately seriously reduced function of the kidneys or of the liver.

Clindamycin is relatively extensively metabolised.

*In vitro* studies in human liver and intestinal microsomes indicated that clindamycin is predominantly oxidized by CYP3A4, with minor contribution from CYP3A5, to form clindamycin sulfoxide and a minor metabolite, N-desmethylclindamycin.

### **Elimination**

The excretion in the urine is 10-20% and in the faeces some 4% in microbiologically active form. The remainder is excreted as biologically inactive metabolites.

The excretion is mainly via the bile and the faeces.

## **5.3 Preclinical safety data**

Fertility studies in rats treated orally with up to 300 mg/kg/day (approximately 1.1 times the highest recommended adult human dose based on mg/m<sup>2</sup>) revealed no effects on fertility or mating ability.

In oral embryo foetal development studies in rats and subcutaneous embryo foetal development studies in rats and rabbits, no developmental toxicity was observed except at doses that produced maternal toxicity.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

#### DALACIN C Capsules 150 mg:

Capsule content: maize starch, lactose monohydrate, talc, magnesium stearate

Capsule shell: titanium dioxide (E171), black printing ink, gelatin

#### DALACIN C Sterile Solution 150 mg/mL:

Benzyl alcohol, disodium edetate, sodium hydroxide, water for injection

### **6.2 Incompatibilities**

The following drugs are physically incompatible with the solution for injection of clindamycin phosphate: ampicillin, phenytoin sodium, barbiturates, aminophylline, calcium gluconates, magnesium sulfate, sodium ceftriaxone and ciprofloxacin.

#### **Compatibilities:**

Solution of clindamycin phosphate in 5% dextrose in water and in sodium chloride solutions, to which one of the following antibiotics are added in the usual concentration remain stable for at least 24 hours: amikacin sulfate, aztreonam,

cefamandole nafate, cefazolin sodium, cefotaxime sodium, cefoxitin sodium, ceftazidime sodium, ceftizoxime sodium, gentamicin sulfate, netilmicin sulfate, piperacillin and tobramycin.

The compatibility and the stability of these mixtures can vary depending on the concentration and other conditions.

### **6.3 Shelf-life**

The expiry date (month/year) is mentioned on the package after "EXP.:" (EXP. = expiry date).

### **6.4 Special precautions for storage**

Please refer to carton for storage condition.

February 2018  
Hong Kong