

# Centrum<sup>®</sup> VitaMints<sup>®</sup>

Multivitamin/Multimineral Supplement

Wintergreen

This is the most current labeling information and may differ from labels on product packaging. If there are any differences between this website labeling and product packaging labeling, this website labeling should be regarded as the most current.

**SUGGESTED USE:** Adults: Take two (2) minty chewables daily. Not formulated for use in children. Do not exceed suggested use.

## Supplement Facts

Serving Size 2 Minty Chewables

Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrate 2 g	<1% <sup>†</sup>
Sugar Alcohol 2 g	*
Vitamin A 2,500 IU (29% as Beta-Carotene)	50%
Vitamin C 60 mg	100%
Vitamin D 1,000 IU	250%
Vitamin E 30 IU	100%
Vitamin K 65 mcg	81%
Thiamin 1.2 mg	80%
Niacin 2 mg	10%
Vitamin B <sub>6</sub> 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B <sub>12</sub> 5 mcg	83%
Biotin 60 mcg	20%
Pantothenic Acid 5 mg	50%
Iodine 150 mcg	100%
Zinc 1.5 mg	10%

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Selenium 20 mcg	29%
Manganese 2.3 mg	115%
Chromium 35 mcg	29%
Molybdenum 40 mcg	53%
Sodium 10 mg	<1%

† Percent Daily Values based on a 2,000 calorie diet.  
\*Daily Value not established.

**Ingredients:** Isomalt, Maltodextrin, Sodium Ascorbate (Vit. C), dl-Alpha Tocopheryl Acetate (Vit. E). **Contains <2% of:** Acacia, Acesulfame Potassium, Beta-Carotene, BHT (to preserve freshness), Biotin, Blue 1 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D<sub>3</sub>), Chromic Chloride, Cyanocobalamin (Vit. B<sub>12</sub>), Dibasic Calcium Phosphate, Folic Acid, Gelatin, Magnesium Stearate, Manganese Sulfate, Microcrystalline Cellulose, Mono- and Di-Glycerides, Natural and Artificial Flavors, Niacinamide, Phytonadione (Vit. K), Potassium Iodide, Pyridoxine Hydrochloride (Vit. B<sub>6</sub>), Riboflavin (color), Sodium Molybdate, Sodium Selenate, Sucralose, Thiamine Mononitrate (Vit. B<sub>1</sub>), Tocopherols (to preserve freshness), Vitamin A Acetate, Zinc Oxide.

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

This product should not be taken with other products containing vitamin A.

**Keep out of reach of children.**

Store at room temperature. Keep bottle tightly closed.

Bottle has printed seal under cap. Do Not Use if seal is torn or missing.

Marketed by: Pfizer, Madison, NJ 07940 USA

Made in Canada

Questions? Comments? Call 1-877-CENTRUM (236-8786)