

Centrum[®] MultiGummies

Multivitamin/Multimineral Supplement

This is the most current labeling information and may differ from labels on product packaging. If there are any differences between this website labeling and product packaging labeling, this website labeling should be regarded as the most current.

SUGGESTED USE: Adults: Take two (2) gummies daily. Do not exceed suggested use. Not formulated for use in children.

Supplement Facts

Serving Size 2 Gummies

Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrate 3 g	1% [†]
Sugars 2 g	*
Vitamin A 2,000 IU	40%
Vitamin C 30 mg	50%
Vitamin D ₃ 1,000 IU	250%
Vitamin E 40 IU	133%
Vitamin B ₆ 1.6 mg	80%
Folic Acid 160 mcg	40%
Vitamin B ₁₂ 10 mcg	167%
Biotin 75 mcg	25%
Pantothenic Acid 6 mg	60%
Iodine 80 mcg	53%
Zinc 5 mg	33%

[†]Percent Daily Values based on a 2,000 calorie diet.

*Daily Value not established.

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Ingredients: Glucose Syrup, Sugar, Gelatin, Water, Ascorbic Acid (Vit. C).
Contains <2% of: Annatto Seed Extract (color), Beeswax, Biotin, Calcium Pantothenate, Cherry Essence, Cholecalciferol (Vit. D₃), Citric Acid, Cyanocobalamin (Vit. B₁₂), dl-Alpha Tocopheryl Acetate (Vit. E), Folic Acid, Fruit and/or Vegetable Juice Concentrates (purple and/or black carrot, maqui berry, plum, blackberry, raspberry) (color and/or flavor), Grapefruit Oil, Invert Sugar, Lactic Acid, Mannitol, Medium-Chain Triglycerides, Natural Flavors, Orange Oil, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Sodium Lactate, Vitamin A Acetate, Zinc Sulfate.

Keep out of reach of children.

Do not take this product with other products containing folic acid or vitamin A.

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

Store at room temperature. Keep bottle tightly closed. Due to use of plant-based colors, gummy appearance may change over time. This does not alter the product potency.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA

Questions? Comments? Call 1-877-CENTRUM (236-8786)