

Centrum[®] Flavor Burst (Mixed Fruit)

Multivitamin/Multimineral Supplement

This is the most current labeling information and may differ from labels on product packaging. If there are any differences between this website labeling and product packaging labeling, this website labeling should be regarded as the most current.

SUGGESTED USE: Adults: Take four (4) chews daily with or without food.
Not formulated for use in children.

Supplement Facts

Serving Size 4 Chews

Amount Per Serving	% Daily Value
Calories 25	
Total Carbohydrate 6 g	2% [†]
Sugar 4 g	*
Vitamin A 2,000 IU	40%
Vitamin C 60 mg	100%
Vitamin D 800 IU	200%
Vitamin E 40 IU	133%
Vitamin B ₆ 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B ₁₂ 10 mcg	167%
Biotin 150 mcg	50%
Pantothenic Acid 10 mg	100%
Iodine 80 mcg	53%
Zinc 5 mg	33%
Choline 76 mg	*
Inositol 40 mcg	*

[†] Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

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Ingredients: Sucrose, Corn Syrup, Water, Hydrogenated Coconut Oil, Choline Bitartrate, Acacia, Maltodextrin. **Contains < 2% of:** Ascorbic Acid (Vit. C), Beeswax, Biotin, Blue 1 Lake, Blue 2 Lake, Calcium Pantothenate, Carmine (color), Carnauba Wax, Cholecalciferol (Vit. D₃), Cyanocobalamin (Vit. B₁₂), dl-Alpha Tocopheryl Acetate (Vit. E), Folic Acid, Inositol, Lac-Resin, Lecithin (soy), Natural & Artificial Flavors, Potassium Iodide, Pregelatinized Corn Starch, Pregelatinized Modified Corn Starch, Pyridoxine Hydrochloride (Vit. B₆), Red 40 Lake, Titanium Dioxide, Vitamin A Palmitate, Zinc Sulfate. **Contains:** Soy.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

Do not exceed suggested use.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

This product should not be taken with other dietary supplements containing high levels of vitamin A and folic acid.

Keep out of reach of children.

Store at room temperature. Keep bottle tightly closed. Protect from moisture.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA

Questions? Comments? Call 1-877-CENTRUM (236-8786)