

<b>Mefenamic Acid</b>
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**Ponstan<sup>®</sup> SF 250**  
250 mg Capsule

### **1.0 NAME OF THE PRODUCT**

Mefenamic Acid

### **2.0 DESCRIPTION OF THE PRODUCT**

Mefenamic Acid (Ponstan<sup>®</sup> SF 250) is a non-steroidal anti-inflammatory drug (NSAID) used to relieve pain (analgesic) and swelling (anti-inflammatory).

### **3.0 WHAT IS IN THE MEDICINE?**

Mefenamic acid (Ponstan<sup>®</sup> SF 250) is available in hard gelatin capsule with scarlet opaque body imprinted with “Ponstan SF 250” in white and scarlet opaque cap imprinted with “SF” in white, containing white to slightly off-white powder. It is in blister of 10’s in boxes of 200’s.

### **4.0 STRENGTH OF THE MEDICINE**

250 mg

### **5.0 WHAT IS THIS MEDICINE USED FOR?**

Mefenamic acid (Ponstan<sup>®</sup> SF 250) is used to relieve various types of pain such as:

- headache
- body aches (rheumatoid arthritis (including Still's Disease), osteoarthritis)
- muscle and joint pains
- toothache
- sprains
- painful menstruation (dysmenorrhea)
- trauma-related pains

### **6.0 HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?**

For adults and children over 14 years old, take one to two capsules initially, then one capsule three times a day, as needed, preferably taken after meals.

### **7.0 WHEN SHOULD YOU NOT TAKE THIS MEDICINE?**

Ask your doctor before using this product if you:

- are allergic to Mefenamic Acid, other NSAIDs or aspirin
- have previous or active peptic ulcer
- have liver disease or kidney disease
- have heart disease
- have hyperacidity
- have history of asthma or develop asthma attacks due to other medicines
- are taking other medications
- are pregnant or nursing a baby
- have liver disease or kidney disease
- have inflammatory bowel disease
- have high blood pressure

### **8.0 CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE?**

Mefenamic Acid (Ponstan<sup>®</sup> SF 250) should not be taken continuously beyond seven days except on the advice of the doctor. Taking NSAIDs for very long periods of time or in very high doses increases the risk of stomach irritation, bleeding, as well as other side effects and should be done only under medical supervision.

### **9.0 UNDESIRABLE EFFECTS OF THIS MEDICINE**

Stop taking mefenamic acid immediately if the following potential side effects occur:

- loose bowel movement
- nausea with or without vomiting
- dizziness
- eye irritation
- excessive perspiration
- skin rash or skin itching
- drug reaction with eosinophilia and DRESS syndrome
- upset stomach
- drowsiness
- insomnia
- ear pain
- mild liver toxicity
- difficulty in breathing
- cardiovascular events

Consult your doctor if any of these side effects occur.

Elderly individuals are more prone to side effects, therefore, report all side effects to your doctor immediately.

### **10.0 WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?**

Mefenamic Acid (Ponstan<sup>®</sup> SF 250) may interact with the following medications:

- Antiplatelet or Acetylsalicylic acid (e.g. Aspirin)
- Other nonsteroidal anti-inflammatory drugs
- Corticosteroids
- Anti-coagulants
- Diuretics or other anti-hypertensives
- Hypoglycemic agents
- Methotrexate
- Lithium
- Tacrolimus
- Cyclosporine

If you are taking or about to take any of the above medications, consult your doctor first before using mefenamic acid.

### **11.0 WHAT SHOULD YOU DO IF YOU MISS A DOSE?**

Not Applicable

### **12.0 SIGNS AND SYMPTOMS OF OVERDOSE**

You may experience seizures, acute renal failure, coma, confusional state, dizziness, and hallucination.

### **13.0 WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?**

In case of accidental overdosage, call for emergency help immediately.

Patients should be managed by symptomatic and supportive care following an overdose. There are no specific antidotes.

### **14.0 HOW SHOULD YOU KEEP THIS MEDICINE?**

Store at temperatures not exceeding 30°C.

### **15.0 WHEN SHOULD YOU CONSULT YOUR DOCTOR?**

If you experience any of the side effects mentioned above, consult your doctor.

### **16.0 FDA REGISTRATION NUMBER**

Mefenamic acid (Ponstan SF) 250 mg capsule: DRP-2074

### **17.0 DATE OF FIRST AUTHORIZATION/RENEWAL OF AUTHORIZATION**

Mefenamic acid (Ponstan SF) 250 mg Capsule: 20 August 1964

Keep out of reach of children.

**For suspected adverse drug reaction, report to the FDA: [www.fda.gov.ph](http://www.fda.gov.ph)**

**Seek medical attention immediately at the first sign of any adverse drug reaction.**

#### **Manufactured by:**

Interphil Laboratories, Inc.  
Canlubang Industrial Estate  
Bo. Pittland, Cabuyao, Laguna

#### **Marketing Authorization Holder:**

PFIZER, INC.  
Pfizer, Inc.  
19F-20F, 8 Rockwell Building, Hidalgo Drive,  
Rockwell Center, Poblacion, Makati City 1210  
Metro Manila, Philippines  
Under authority of PFIZER, INC., New York, N.Y., USA

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