

**INSTRUCTIONS FOR USE**  
**ZAVZPRET [zav-spret]**  
**(zavegepant) nasal spray**  
**For Nasal Use Only**

**This Instructions for Use contains information on how to give a single dose (10 mg) with ZAVZPRET nasal spray**

One (1) device delivers a single dose of ZAVZPRET. The device provides 1 spray that should be delivered into 1 nostril.

**ZAVZPRET Device Parts**

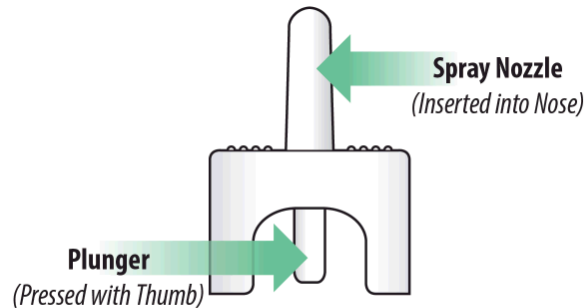


Figure A

**Important Information You Need to Know Before Dosing with ZAVZPRET**

- **For nasal use only** (spray into nose).
- **Do not** spray in the eyes.
- **Keep** ZAVZPRET and all medicines out of reach of children.
- **Do not** use if the expiration (EXP) date has passed. Throw away the expired device in the trash if the expiration (EXP) date has passed.
- **Do not** remove the device from its blister packaging until you are ready to use it.
- **Do not** test spray, prime, or press the plunger before dosing. Each device is single use and can only be used 1 time. If you press the plunger before dosing, the spray will be lost, and the device will no longer function.
- **Do not** try to spray (dose) into more than 1 nostril. A dose is 1 spray into 1 nostril.
- **Do not** use more than 1 dose in a 24-hour period. Only 1 dose can be used per day.
- **Do not** use more than 8 doses per month. A maximum of 8 doses can be used per month.

**Storage Information**

- **The device should be stored at room temperature** between 68°F to 77°F (20°C to 25°C).
- **Do not** freeze.
- **Keep** the device in the sealed blister package until time of use.
- **Keep** ZAVZPRET and all medicines out of reach of children.

## Preparing to Dose with ZAVZPRET Nasal Spray

### 1 Gently Blow Your Nose

- 1.1 Before using ZAVZPRET, blow your nose to clear your nostrils (see **Figure B**). This can be done while sitting or standing.



Figure B

### 2 Remove 1 Blister from the Carton

- 2.1 Remove 1 blister containing a device from the carton (see **Figure C**).

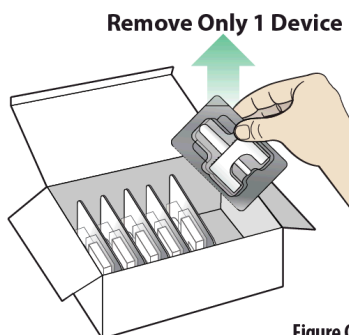


Figure C

### 3 Check Expiration Date on the Blister

- 3.1 Check the expiration date on the blister containing a device (see **Figure D**).

**Do not** use if the expiration date has passed. Throw away the expired device in the trash if the expiration date has passed.

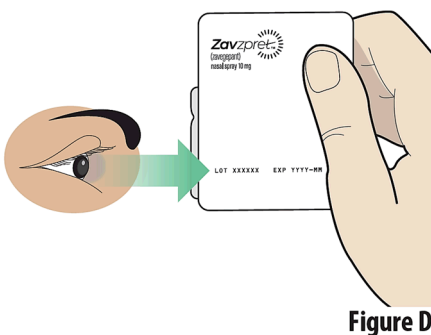


Figure D

### 4 Remove Device from Blister

- 4.1 Peel open the blister seal from the corner and remove it completely (see **Figure E**).

4.2 Carefully remove the device from the plastic tray.

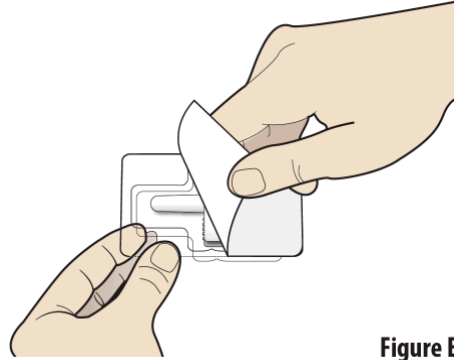


Figure E

## Dosing with ZAVZPRET Nasal Spray

### 5 Check Expiration Date on the Device

5.1 Check the expiration date on the device (see **Figure F**).

**Do not** use if the expiration date has passed. Throw away the expired device in the trash if the expiration date has passed.

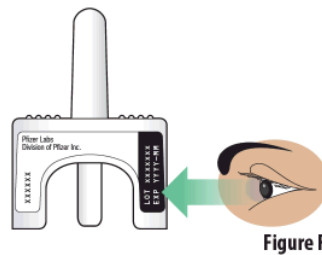


Figure F

### 6 Grip the Device

6.1 Hold the device upright with your thumb on the bottom of the plunger and two fingers on either side of the nozzle (see **Figure G**).

**Do not** press the plunger yet. If you press the plunger now, the medicine will spray and be wasted.

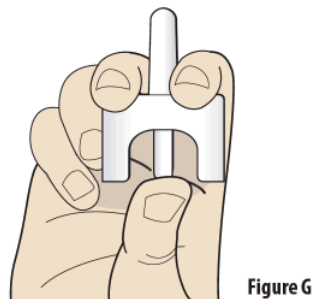


Figure G

## Dosing with ZAVZPRET Nasal Spray (Continued)

### 7 Close 1 Nostril

- 7.1 With your free hand, gently press 1 nostril to close it (see **Figure H**).
- 7.2 Continue breathing normally through your mouth.

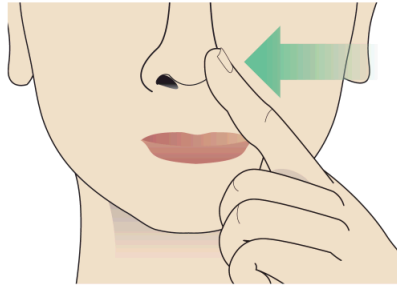


Figure H

### 8 Insert Spray Nozzle Into Open Nostril

- 8.1 Insert the nozzle into the open nostril as much as you comfortably can (see **Figure I**).

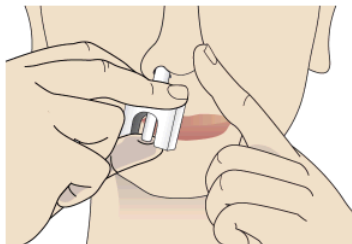


Figure I

### 9 Deliver the Dose by Spraying Into Nostril and Breathing In

- 9.1 Keep your head level and upright and close your mouth.

**Do not** tilt your head.

**Do not** lay down while delivering the dose.

- 9.2 Slowly breathe in through your nose as you firmly press the plunger up with your thumb to release the spray (see **Figure J**).

**Important:** Hold the nozzle firmly in your nose as you deliver the dose. Do not let the nozzle come out when pressing the plunger.

**Spray only 1 time into 1 nostril.**



Figure J

## 10 Remove the Device and Keep Your Head Level for 20 Seconds

10.1 Remove the device from your nostril and your finger from your other nostril.

10.2 While keeping your head level and upright, gently breathe in through your nose and out through your mouth for 10 to 20 seconds (see **Figure K**).

**If you feel a drip from your nose, gently sniff so you do not lose any of your dose.**

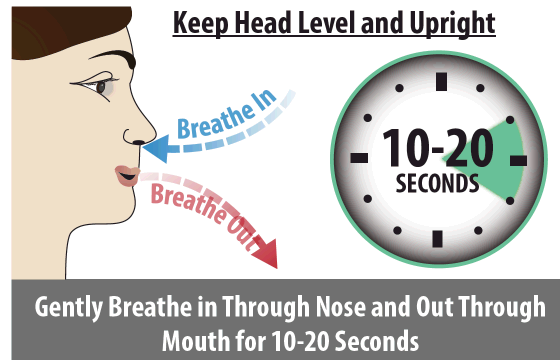


Figure K

## Throwing away (Disposing of) Device

### 11 Throw Away Used Device

11.1 Throw away the used device into trash (see **Figure L**)

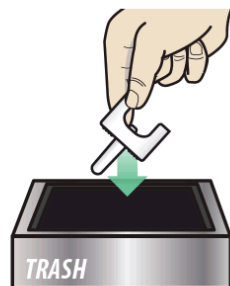


Figure L

**You have received your full dose, if you have:**

- ✓ Used 1 device
- ✓ Given 1 spray into 1 nostril

### Additional Information

For more information on ZAVZPRET (zavegepant), visit [www.zavzpret.com](http://www.zavzpret.com) or call 1-800-438-1985.

This Instructions for Use has been approved by the U.S. Food and Drug Administration Approved: 3/2023



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**Pfizer Labs**  
Division of Pfizer Inc.  
New York, NY 10001

LAB-1546-1.0